

## Food Insecurity Resources in Arizona

### **CALL the Be Connected Support Line - 866-429-8387 (866-4AZ-VETS)**

During business hours (8:00am to 5:00pm), Monday - Friday

Anyone can call the [Be Connected support line](https://beconnectedaz.org/resources/be-connected-support-line)! You are welcome to call anonymously. The support line is answered by the dedicated Be Connected Team, who are available to connect callers to information and resources for your food or nutrition needs. If the team members are not available during a high volume of calls, and your call isn't urgent, you can leave a message so we can call you back the same day, or within 1 business day.

<https://beconnectedaz.org/resources/be-connected-support-line>

**Arizona Food Bank Network (AzFBN)** - This is a private, non-profit organization serving five regional food bank members and almost 1,000 food pantries and agencies, working to address hunger in all 15 counties of Arizona. They are not a food bank, but they support food banks, collaborating with them and government agencies, community organizations, schools, and other partners to create a hunger-free Arizona. The [AzFBN online directory](https://azfoodbanks.org/get-food/) taps Arizonans into the largest database of emergency food options (food banks, pantries, soup kitchens, shelters, and others that distribute emergency food) in Arizona.

<https://azfoodbanks.org/get-food/>

**St. Mary's Food Bank Alliance** - Maricopa County, Yavapai County, Coconino County, Mohave County, and parts of Pinal County, Navajo County, Apache County, and Gila County. Learn about St. Mary's [Distribution Hours and locations](https://www.stmarysfb.org/distribution-hours-and-locations), or [find food banks/pantries and other resources](https://www.stmarysfb.org/find-food-banks-pantries-and-other-resources) in your area.

During the COVID-19 pandemic, St. Mary's was able to start a Home Delivery Program of food boxes. Go to their website to schedule food delivery for Maricopa, Yavapai, and Pinal County residents at this time. Additional delivery restrictions may still apply. Schedule your delivery online or call (602) 242-3663/(602) 344-4124 for more information.

<https://www.firstfoodbank.org/> & <https://www.firstfoodbank.org/get-help/>

**United Food Bank** - Eastern Maricopa, Gila and Pinal, and Southern Navajo and Apache Counties. <https://www.unitedfoodbank.org/>

**Desert Mission Food Bank** - Located in Phoenix in the Honor Health campus, Desert Mission is combating hunger across the income spectrum by bridging nutrition gaps of community residents and HonorHealth patients within Maricopa County. <https://www.desertmission.com/>

**Community Food Bank of Southern Arizona** - Pima County, Santa Cruz County, Cochise County, Graham & Greenlee Counties. <https://www.communityfoodbank.org/>

**Yuma Community Food Bank** - Yuma County, La Paz County.

<https://www.yumafoodbank.org/>

**Harvest Compassion** - Locations include North Phoenix, West Valley, and Maryvale. Resources include food, gently used clothing and hygiene items.  
[www.harvestcompassion.org](http://www.harvestcompassion.org) 602-788-2444.

**Resurrection Street Ministry** - Mesa and Chandler. <https://rsmaz.org/> 480-615-2799. Maricopa residents are provided with nutritious food boxes which can include fresh produce, non-perishable items, prepared meals and hygiene items.

**Salvation Army - Sierra Vista.** <https://sierravista.salvationarmy.org/> 520-459-8411. The Salvation Army operates throughout the state of Arizona. To find a location near you please use <https://salvationarmyusa.org/>. The Salvation Army provides sit down warm, nutritious food as well as food pantries.

**Meals on Wheels** - provides services throughout the state of Arizona for seniors facing food insecurity. Deliveries are made Monday - Friday. To find a location serving your community please contact them at <https://mealsonwheelsamerica.org/> 1-888-998-6325.

### **Southern Arizona VA Healthcare System (SAVAHCS)**

**Patriot Pantry** - Kristen Ellis, RDN [Kristen.ellis1@va.gov](mailto:Kristen.ellis1@va.gov)  
Created by SAVAHCS Nutrition and Food Service staff  
<https://fb.watch/cwCyDk3nml/>

- Provides nutritious food, Market on the Move Vouchers
- Grocery Store Gift Cards
- Referral to Be Connected and Community Pantries
- Referral to outpatient dietitians
- Handouts and education
- Nutrition classes

**The 3000 Club - Home of Market On the Move** <https://www.marketonthemove.org/>

**Borderlands Produce Rescue** <https://borderlandsproducerescue.org/>

- PRODUCE ON WHEELS WITH - OUT WASTE (POW WOW) sites service cities across Arizona <https://borderlandsproducerescue.org/produce-on-wheels>
- Veggies R' Us <https://borderlandsproducerescue.org/veggies-r-us>
- Veterans Exact Thanks (VETs) program  
<https://borderlandsproducerescue.org/community-engagement>

## **Phoenix VA Health Care System**

### **Veggies for Veterans - Gregory's Fresh Markets**

A mobile produce market established in collaboration with the Diana Gregory Foundation. This effort works to better the health of Veterans through healthy eating, bringing a farmer's market to the HUD/VASH housing site and VA hospital. This practice is focused on improving the daily lives of Veterans by providing education on healthy shopping and eating choices as well as preparing fresh produce. This program has served over 8,600 Veterans at 66 markets since inception in April 2017.

<https://www.fox10phoenix.com/news/veggies-for-veterans-phoenix-market-partners-with-va-to-donate-produce>

VAntage Point blog - Jul 2021

<https://blogs.va.gov/VAntage/90670/veggies-veterans-healthy-food-veterans-community/>

<https://dianagregory.com/news/>